

Ask a grown up to write the alphabet down the side of a piece of paper. Now try find an item beginning with each letter around your home or garden. Go go go!



★★★ Challenge

★★ Moderate

★ Easy

<https://www.youtube.com/watch?v=6c5cb0u0rPM> Listen to the story of Whatever Next on YouTube. Baby Bear uses things around the house to make a space rocket. Can you use things from home to do the same? Where will you go? Don't forget to send us a photo!



Write a letter to someone you care about. Tell them you miss them and look forward to seeing them soon. Enclose a lovely photo or a drawing.



What are the parts of our body? Watch the video, play the game and complete the quiz. <https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zqhbr82>



The parts of the human body



How many times can you throw a ball in to a bucket/basket in 1 minute

5 times ★

10 times ★★

More than 10 ★★★

Get Moving and Be Happy!

Can you balance on:

1 leg for 10 seconds ★ 30 seconds ★★

or 1 minute ★★★

Using empty food boxes/containers (Recyclable materials)

Can you make a vehicle ★ Can you make your vehicle move ★★

Head to Firth wood on your daily walk and see if you can locate the 5 hidden woodland animals. Each animal has a letter on it. How many animals can you find? 1 to 3 animals ★
4 to 5 animals ★★ Collect all 5 animals- and see if you can arrange the letters to make a word- ask your grown up to help. ★★★

Close your eyes and ask a grown up to pass you an object you can hold. Touch and turn the object, describing it to your grown up. How many can you get right?

1-2 objects correctly guessed ★

3-4 objects correctly guessed ★★

5 or more correctly guessed ★★★

Have a go at the Maple Class skittle challenge

<https://youtu.be/mTSlkxckYXk>

What is your score?

1-5 ★ more than 10 ★★★

6-10 ★★

Use things around your house/garden to create an obstacle course. Are there things you can go under/over? Do you have to weave through obstacles? Balance holding an object? Who is the quickest/slowest in your family to complete the course? ★★

With your grown-ups help- Follow instructions to bake a cake/biscuits or something savoury like a pizza and share a photo on Evidence me ★★★

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Mindful thinking- Make a mood jar using water and glitter or cut up pieces of tin foil. Shake the jar and watch until the shiny



sparkles stop swirling and settle.

★★★

Take giant steps across your garden, how many steps does it take? ★★ repeat using baby steps- how many baby steps does it take? ★★



. Play a game of Simon says with your family, giving physical instructions ★★

How many jumps can you do in 20 seconds?

5 jumps ★★

10 jumps ★★

More than 10 jumps ★★★

How many Stars can you achieve?

Don't forget to share on evidence me or e-mail

Using construction toys (Lego, bricks etc) Can you build a mode of transport?

★★

Ask a grown up to make a hopscotch game outside and share how to play Hopscotch

★★★

Play your favourite pop song and create a dance, can you teach it to a member of your family. ★★

Build a den inside or outside. Use blankets and cushions to make it cosy. Take in some books and your favourite teddy and share a story ★★

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Have a go at Yoga. Pretending to be Enzo the Bee



<https://www.youtube.com/watch?v=uyj5LooYWyg>

★★★

Take part in a Joe Wicks exercise class on you tube ★★

Create your own exercise routine like Joe Wicks and see if your family want to join in

★★★