Ask a grown up to write the alphabet down the side of a piece of paper. Now try find an item beginning with each letter around your home or garden. Go go go! ☆☆



https://www.youtube.com/watch?v=6c5cb0u0rPM Listen to the story of Whatever Next on YouTube. Baby Bear uses things around the house to make a space rocket. Can you use things from home to do the same? Where will you go? Don't forget to send us a photo!

Write a letter to someone you care about. Tell them you miss them and look forward to seeing them soon. Enclose a lovely photo or a drawing.

What are the parts of our body? Watch the video, play the game and complete the quiz. https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zqhbr82





make a word- ask your grown up to help.



How many times can you throw a ball in to a bucket/basket in 1 minute

5 times 🔯

10 times 쓨

More than 10

Get Moving and Be Happy!

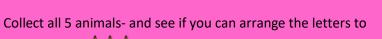
Can you balance on:

1 leg for 10 seconds 30 seconds or 1 minute ***

Using empty food boxes/containers (Recyclable materials)

Can you make a vehicle 💢 Can you make your vehicle move 🗯

Head to Firth wood on your daily walk and see if you can locate the 5 hidden woodland animals. Each animal has a letter on it. How many animals can you find? 1 to 3 animals 💢



Close your eyes and ask a grown up to pass you an object you can hold. Touch and turn the object, describing it to your grown up. How many can you get right?

1-2 objects correctly guessed 💢

3-4 objects correctly guessed ਮੌਮੇਮੇ

5 or more correctly guessed ***

Have a go at the Maple Class skittle challenge

4 to 5 animals ***

What is your score?

more then 10 *** 1-5 🌣

6-10

Use things around your house/garden to create an obstacle course. Are there things you can go under/over? Do you have to weave through obstacles? Balance holding an object? Who is the quickest/slowest in your family to complete the course?

With your grown-ups help- Follow instructions to bake a cake/biscuits or something savoury like a pizza and share a photo on Evidence me

Challenge

Moderate

Easy

Mindful thinking- Make a mood jar using water and glitter or cut up pieces of tin foil. Shake the jar and watch until the shiny

sparkles stop swirling and settle.



Take giant steps across your garden, how many steps does it take? ** repeat using baby steps- how many baby steps does it take? **



Play a game of Simon says with your family, giving physical instructions 辩

How many jumps can you do in 20 seconds?

5 jumps 쓨

10 jumps 粒

More than 10 jumps 🗀 🛣

How many Stars can you achieve?

Don't forget to share on evidence me or e-mail

Using construction toys (Lego, bricks etc) Can you build a mode of transport?



Ask a grown up to make a hopscotch game outside and share how to play Hopscotch

Play your favourite pop song and cretae a dance, can you teach it to a a member of your family.

Build a den inside or outside. Use blankets and cushions to make it cosy. Take in some books and your favourite teddy and share a story

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Take part in a Joe Wicks exercise class on you tube

Create your own exercise routine like Joe Wicks and see if your family want to join in

